

Her Majesty Queen Elizabeth II

1926- 20221 An inspirational leader, mother, grandmother.







Autumn Newsletter 2022

Dear Friends,

Autumn is here and we have a new season ahead with lots of exciting news.

Monday Melodies and the Parkinson's project are back up and running for another season, and we now intend to invite some Jersey professional instrumental groups to apply to us to start to join the programme. Musicians have had a very difficult time and we want to facilitate a programme of music in care settings that benefits both the listeners but also our professional musicians in Jersey, who will be paid for their services. We do need some help to run these programmes, mainly in the form of 'personpower'! Please do take the time to read the 'Business' section of this newsletter and see if you or someone you know might like to give us some help as our charity grows.

Some extra dates for the diary:

Thursday 29th September: We are singing for WWII Veterans at St Aubin's Methodist Church after lunch, and welcome anyone, whether a member or a friend to come and join in. Let us know info@aureolechoir.co.uk

Sunday 16th October: One of the great charity dates of the year. Carers Jersey are laying on a lunch and pampering day for lots of carers in Jersey at the Royal Yacht, and we are going to give them a lovely singalong for half an hour after their lunch. We would love to invite as many singers as we can to join us for this. It will be a very simple programme but should be great fun and for a really great event. Please email if you would like to join us.





Parkinson's Choir

We have secured funding for our Parkinson's Project, and this is going from strength to strength. Parkinson's is the fastest growing neurological condition in the world. Around 145,000 people in the UK live with the condition, says Parkinson's UK, and with new testing methods being developed, more patients are likely to be diagnosed earlier in future.

We are running a ground-breaking project here in collaboration with Parkinson's Jersey. It is a lovely singing for wellbeing club, with additional targeted benefits specific to Parkinson's sufferers. As before, Nicki Kennedy, vocal health and rehabilitation specialist, who has had training in singing and music for people with Parkinson's, is joined by Hugh Lincé and Terri O'Donoghue at the piano. We are absolutley delighted now to be able to run this with the addition of a highly skilled Speech and Language Therapist, Sarah Lock, who is using the 'Speak Out!' method with our members. Not only will they continue to enjoy our social sessions, but the addition of the voicework with Sarah should bring even more tangible benefits to the clients in terms of communication.

Member Jacky says: 'Since my diagnosis in January 2022, the group has been invaluable to me. It has helped to strengthen my vocals as well as being really great for my well being. Not to mention meeting new friends.'

Below: Sarah Lock, SLT and Janine Coxhall, Chair of Parkinson's Jersey







Jersey Stars!



This Autumn, we want to celebrate our No. 1 Star Brian.

Brian is our secret weapon with an infinite number of folksongs up his sleeve that can be launched at a moment's notice. He's got a real following among our clients (especially the ladies at Cheval Roc! and we love having him on the team.

We also celebrate our whole Monday Melodies Team, fiddles and our Piano Team! We appreciate so very much that people come out whenever they can to sing with us, giving up their valuable time. We have begun to call regularly on Hugh and Terri to play for us, and have also had wonderful contributions from the fabulous Vanessa and her JAM fiddle group! They have joined us in busking and various events and we are so grateful.

We have worked out that the best way to keep a happy team is regular breakfasts and we had a lovely celebration of the start of the season by meeting for a rehearsal (yes! an actual rehearsal!) and drinks last week. Our residents and clients at St Joseph and Eyecan definitely noticed the difference as we nonchalantly got all the words correct in 'Leaning on a Lamppost' as well as NAILING the 'Lonely Goatherd'.

If you would like to join in, however irregularly, you are welcome to come, even just to hang back and see what it's all about, at any time. See membership info below!









Business

Board News and Personnel: Can you help?

Secretary

We were so very sad when Jane Le Sueur had to step down as Secretary that it has taken us a while to begin to recruit a new person for this role. We are seeking a secretary to join the Board of Governors. This should be a person with some experience in business or charity. The role is not onerous, with three meetings in the year, plus an AGM, and liaison with the Board and oversight of our general governance. We are very keen to hear from anyone who would be able to help us with this!

Website

We are also seeking a person to help us with our website. Again, this is not onerous. This entails very occasional input as newsletters are added to the website and project updates are added.

Administrator

Due to a recent health diagnosis the person who was to become our volunteer administrator has had to postpone helping us. We do need an administrator to help run the Monday Melodies Programme. This job could be anything from 3 hours per week to more if a person wished to make it more!

Membership.

Membership is for all our volunteers and is free. Please do let us know if you would like to receive a membership form! nicki@aureolechoir.co.uk





Business Continued...

The Association of Jersey Charities: Legacy Week

This week is 'Legacy Week' at the Association of Jersey Charities. They are joining forces with the Jersey Charity Forum to encourage islanders to 'leave a legacy' by creating a will and consider including a donation in it to local charities.

To find out more visit:

https://www.jerseycharities.org/members/members-news/279/jersey-legacy-week-5th-to-11th-september



King Charles III