



We wish all our Friends a very peaceful and happy Christmas.

Monday Melodies

We are very much over-subscribed as the demand for this service is huge. We have a lot of fun, and have definitely worked out that a team breakfast before the engagements helps the flow! We have funding to employ professional musicians during busy holiday periods such as Christmas, when demand is particularly high, to help us and go into the various care settings to entertain the residents. Please get in touch if you know a soloist or ensemble who might like to help out!

All our volunteers have now joined as members, and receive emails to let them know when there are singing engagements so that they can sign up to join us as and when they are free. Some come regularly, and others more sporadically but all are welcome whatever level of commitment they wish to give. Please contact us to fill in a form if you wish to be added as a member, and receive notification of our singing activities. All others on our mailing list remain Friends, receiving this quarterly newsletter.









'Sparky Parkys' - Our Parkinson's Choir

Our 'Sparky Parkys' choir is now much more than a choir, and with the backing of the Community Foundation (with funds from the Channel Islands Lottery) and from partners Parkinson's Jersey Branch, the programme now employs the services of Nicki to lead the choral and singing element, and of the fabulous and fun Speech and Language Therapist Sarah Lock. We are running a truly ground-breaking weekly session of vocal therapy using exercises and principles from the evidence-based 'Speak Out!' programme for Parkinson's sufferers, as well as providing a fantastic social gathering and singalong for patients and carers alike. The choir sang 'Me Ol' Bamboo' with choreography and kazoos at their Christmas Dinner this month, brilliantly!







OUR BOARD AND OUR FUNDRAISING

Our Board of Governors has remained almost unchanged since our inception. Jane Le Sueur replaced Nicki Kennedy last year, who left her governance role to take on the running of the charity as creative lead, reporting to the Board. Jane gave an incredible boost to the organisation, bringing much-needed procedural expertise and re-writing the Constitution of the charity as our purpose has evolved post-pandemic. We were sad to lose Jane as her beloved David battled his illness, and remain hugely thankful for the very fantastic work that she did in such a short time. We send special love this Christmas.

We now welcome a new Treasurer, Dr Catherine Cooke to the Board, and thank David Wood for all he has done to keep us on the straight and narrow during the last few years. Not only has David prepared our accounts and acted as our Treasurer, but he also has kept up the website and the technical side of what we do. We will miss his advice and contribution hugely, and thank him warmly for his work.

Cat is a highly qualified and very experienced professional who will be an invaluable asset. We also welcome Jane Delap who joins the Board from January.

Claire Parslow stepping up to help with the administrative side of the charity's work, Carole Stockhill has volunteered to help us with our website, and Katie Porter volunteers weekly at our Parkinson's sessions. What a community! It's all go! We extend particular thanks to our professional and volunteer musicians who play and sing for us both paid and unpaid. Special thanks to Hugh Lince and Terri O'Donoghue, Vanessa Moore and the wonderful fiddles from JAM.



We are still seeking a Secretary to join the Board. This is a crucial Board position. If you know of someone who would fit the bill then please do send them our way!

FUNDRAISING

We have been awarded funding from the Community Foundation and other funding sources. Hurrah! Other organisations have contributed to our pot to thank us for appearing at their events, such as the Royal St Helier Yacht Club, and Carers Jersey, for whom we led a wonderful uplifting singalong at the Royal Yacht, and this helps us to run our programmes, start to build some basic reserves, and pay relevant professionals for their input as well as covering our overheads such as licenses and insurances, printing and purchase of music.

Our care homes pay a nominal fee for our services, which is added to funds we have for running costs and for the employment of professional musicians when we need to ask for extra help.

We continue to raise money for other charities, such as the NSPCC, for whom we will be singing at De Gruchy's this Christmas.



CAT COOKE



CHAIR AND OUTGOING TREASURER - TWINS?



SARAH LOCKE

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